

THE ONLY PRIVATE FITNESS STUDIO IN SUDBURY

**Tired of
being
overweight
and out of
shape ?**

**GET TONED
Lose Inches**

**No More
Excuses !

You
DESERVE
to be FIT!**

**Give Yourself
the Gift of
Wellness**

**LEARN HOW TO
LOSE 2 LBS PER
WEEK**

LOSE WEIGHT / GET FIT

The Only Complete Program Offering:

- 8 Different Disciplines to Choose From
- Up to 24, 36 or 48 Workout Packages
- From September 20th – December 10th
- Personal Fitness Assessments, Weigh-Ins, Weekly Fitness Focus Pep Talks...

**OPEN HOUSE on THURSDAY Sept. 9th
and TUESDAY Sept 14th at 6:30- p.m.**

THREE PROGRAMS TO CHOOSE FROM

GOLD Package for The Determined

Financial Investment of \$570

Value of \$834 (Save \$264)

SILVER Package for The Motivated

Financial Investment of \$450

Value of \$774 (Save \$324)

BRONZE Package for The Conscious

Financial Investment of \$358

Value of \$492 (Save \$134)

**SPACES ARE LIMITED (Mandatory Pre-registration)
REGISTER EARLY TO AVOID DISAPPOINTMENTS**

WWW.COREFITSTUDIOS.COM

IMAGINE !

**A SMALLER YOU
A FITTER YOU
A STRONGER YOU**

**HAVING MORE
ENERGY
FITTING IN YOUR
JEANS**

IMAGINE BEING

**PAIN-FREE
TENSION FREE
MOTIVATED
DISCIPLINED
COMMITTED
FOCUSED**

YOUR CHOICE

**CARDIO FIT / BURN IT
UP/ YOGA / PILATES /
YOGALATES / CHAMP/
CROSS FIT / ZUMBA**



**REGISTER
ONLINE**